FITNESS CENTER CALENDAR **JULY**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 11AM FIP/GPP *MFC* 11:30AM Cycle Club* *MFC* 2PM FIP/GPP *MFC* 5PM Boxing($$) *MFC*	**2** 11 AM FIP/GPP *MFC* 11:30 AM Cycle Club* *MFC* 2PM FIP/GPP *MFC*	**3** 11AM FIP/GPP *MFC* 2PM FIP/GPP *MFC* 5PM Boxing($$) *MFC*	**4** **INDEPENDENCE DAY FEDERAL HOLIDAY**	**5** **AFMC FAMILY DAY**	**8**
8 11AM FIP/GPP *MFC* 11:30AM Cycle Club* *MFC* 2PM FIP/GPP *MFC* 5PM Boxing($$) *MFC*	**9** 11 AM FIP/GPP *MFC* 11:30 AM Cycle Club* *MFC* 2PM FIP/GPP *MFC*	**10** 11AM FIP/GPP *MFC* 2PM FIP/GPP *MFC* 5PM Boxing($$) *MFC*	**11** 11AM FIP/GPP *MFC* 11:30 AM Cycle Club* *MFC* 2PM FIP/GPP *MFC*	**12** 11AM FIP/GPP *MFC* 11:30 AM Cycle Club* *MFC* 2PM FIP/GPP *MFC*	**15**
15 11AM FIP/GPP *MFC* 11:30AM Cycle Club* *MFC* 2PM FIP/GPP *MFC* 5PM Boxing($$) *MFC*	**16** 11 AM FIP/GPP *MFC* 11:30 AM Cycle Club* *MFC* 2PM FIP/GPP *MFC*	**17** 11AM FIP/GPP *MFC* 2PM FIP/GPP *MFC* 5PM Boxing($$) *MFC*	**18** 11AM FIP/GPP *MFC* 11:30 AM Cycle Club* *MFC* 2PM FIP/GPP *MFC*	**19** 11AM FIP/GPP *MFC* 11:30 AM Cycle Club* *MFC* 2PM FIP/GPP *MFC*	**22**
22 11AM FIP/GPP *MFC* 11:30AM Cycle Club* *MFC* 2PM FIP/GPP *MFC* 5PM Boxing($$) *MFC*	**23** 11 AM FIP/GPP *MFC* 11:30 AM Cycle Club* *MFC* 2PM FIP/GPP *MFC*	**24** 11AM FIP/GPP *MFC* 2PM FIP/GPP *MFC*	**25** 11AM FIP/GPP *MFC* 11:30 AM Cycle Club* *MFC* 2PM FIP/GPP *MFC*	**26** 11AM FIP/GPP *MFC* 11:30 AM Cycle Club* *MFC* 2PM FIP/GPP *MFC*	**29**
29 11AM FIP/GPP *MFC* 11:30AM Cycle Club* *MFC* 2PM FIP/GPP *MFC* 5PM Boxing($$) *MFC*	**30** 11 AM FIP/GPP *MFC* 11:30 AM Cycle Club* *MFC* 2PM FIP/GPP *MFC*	**31** 11AM FIP/GPP *MFC* 2PM FIP/GPP *MFC* 5PM Boxing($$) *MFC*			

CAC/Proximity Card Based Entry System

24/7 EGLIN FITNESS & SPORTS ACCESS

SCAN HERE 24/7 Registration Locations & Times

DoD Dependants Ages 13 -17 Eligible!

($$) Boxing 1-on-1 Training: *1 Session -* **$35** • *3 Sessions -* **$99** • *10 Sessions -* **$300**   *Not an Eglin F&S Program   *Not an Eglin F&S Program
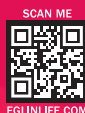
VARSITY CO-ED VOLLEYBALL Tryouts: July 13, 11 AM - 1 PM • 850-974-1731 or eglin.varsity.volleyball@gmail.com

INTRAMURAL CO-ED VOLLEYBALL: Letter of Intent due July 29, Season Begins: August 5 850-882-6223

VARSITY CO-ED SOCCER: Join the Team! Games start in July POC: Thomas.Pogue@us.af.mil or WhatsApp : Eglin Varsity

96th FSS VISIT US ONLINE

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DEPARTMENT OF THE AIR FORCE **FITNESS & SPORTS** 96 FSS • EGLIN

Main Fitness Center (Bldg 810) **850-882-6223**
Physical Training Facility (Bldg 720) **850-883-6223**
Fitness Group Contract Manager **850-603-1910**

Outdoor Seasons are subject to change due to weather. Tentative & Subject to Change. No Game Days: Federal Holidays, AFMC Family Days, & Fridays