

EGLIN FITNESS & SPORTS

DRESS CODE RULES FOR ALL FSS FITNESS FACILITIES



YES!

TOPS

- Must meet the top of shorts or pants when standing
- With built-in undergarments

BOTTOMS

- Pants and Mid-thigh length shorts
- With built-in undergarments

FOOTWEAR

- Appropriate athletic closed toed shoes (i.e. tennis, running, court, cross-training)

OTHER

- Proper hygiene
- Limited use of scent/perfume/cologne



NO!



TOPS

- Clothing with rivets
- Exposed cleavage chest/nipple, back, side, and midriff area
- Tops designed to be worn as an undergarment

BOTTOMS

- Saggy pants
- Denim
- Clothing with rivets
- Exposed gluteus muscles
- Shorts designed to be worn as an undergarment

FOOTWEAR

- Bare feet
- Flip flops or sandals
- Open-toed shoes
- Crocs/clogs
- High heels
- Dress Shoes
- Cleats

Altered PT Uniforms NOT ALLOWED

Anything not covered by these rules would be at the discretion of Facility Management.



850-882-6223