



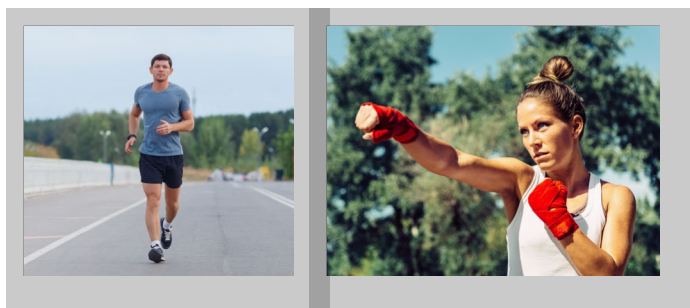
## FITNESS IS FOUNDATIONAL

Stay in shape with fitness at your fingertips. Train your mind and body with fitness assessments, strength and muscle conditioning workouts, and more on-demand classes to help you perform your best.

### WHAT'S INCLUDED:

- 500+ high quality, 1-60 minute videos
- 31 channels, no equipment options, for every age, interest and ability
- Recommendation engine used to personalize and serve up content
- Goal-based challenges and fitness assessments
- Highly certified, relatable instructors
- Safe and education based
- Track progress and results

[support@wellbeats.com](mailto:support@wellbeats.com) wellbeats.com



**U.S. AIR FORCE**

**FREE ACCESS UNTIL JAN 31, 2021**

**GET STARTED IN 3 EASY STEPS**

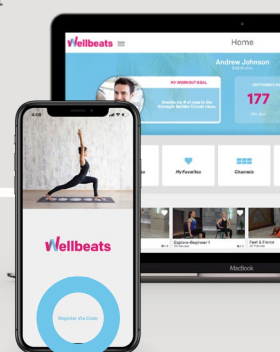
### STEP 1

Download the Wellbeats App or visit the website portal:  
[portal.wellbeats.com](https://portal.wellbeats.com)



### STEP 2

Select 'Register Via Code' and enter invitation code



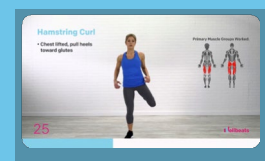
### INVITATION CODE

**479b0f59**



### STEP 3

Play a fitness class!



The application is provided as a convenience to the Air Force Registrant. The use of the application is voluntary. The data (PII) is provided voluntarily to Wellbeats by the registrant. The Air Force and AFSVC assume no liability for the misuse, handling, data in storage/transit, potential breach, and 3rd party management of PII data given voluntarily to Wellbeats through the registration process. Wellbeats assumes all liability for the management and use of the data or the disclosure by Wellbeats of any 3rd party sharing of data provided to Wellbeats by the registrant.

The mobile app or desktop version of the Wellbeats application is not authorized for installation on government devices unless approval is granted in writing from the AFEN Approving Authority under the provisions of DODI 8510 and 8500.