Welcome to the Eglin Eel Swim Team!

Coach Sherri Barnes

(USA Swimming/ASCA Level 2 Certified)

Cell phone: 253-230-0570

Email: EglinEelsSwim@gmail.com

Pool Location: East Gate Pool, Eglin AFB

Please ensure the following is on the signup form AND

emailed to EglinEelsSwim@gmail.com

- Each Swimmer's name
- Each Swimmer's age and birthdate
- Parent's name
- Parent's contact email & phone

Tryouts: @ Eglin Pool

- 1 Jun (9-11am)
- 3 June 0800-0900 during practice
- 8 June 1000-1200
- 9 June 1500-1700
- Times to be posted on Eglin Pool Website (EglinLife.com) as well as the Facebook page (Eglin AFB East Gate Pool).

Prior to First Practice:

- Obtain a AAU (Amateur Athletic Union) membership registration (IF participating in any meets)
 - o https://play.aausports.org
 - o Youth Athletic Membership in Swimming
 - Cost is \$14 for each athlete (register/pay online)
 - o Bring copy to practice or email copy to EglinEelsSwim@gmail.com
- Purchase a team suit (will take 1-2 weeks to come in)
 - Link for suits on SwimOutlet.com: https://m.swimoutlet.com/searchresults.asp?Search=waterpro%20quantum&

<u>checkRealSearchInput=Y&sayt#&search=waterpro+quantum&sortby=releva</u>nce&categorylevel=1&color=Blue&viewall=no&page=1&view=doub

- o Brand & Style: WaterPro Quantum / Color: Blue
- o Girls suits are 1 piece / Boys suits are jammers
- Team suit is required for meets (may also be worn at practices)

Schedule:

- Practices: Mon, Tues & Thurs from 8-9am @ East Gate Pool
- Meet Schedule (meets are not required, but are encouraged):
 - o 29 Jun @ Hurlburt Pool (7am-noon)
 - o 13 Jul @ Bernie Pool (old FWB YMCA) (10am-3pm)
 - o 20 Jul @ Eglin Pool (7am-noon)
 - o Fun Relay Meet: TBD
- End of Season Party @ East Gate Pool (family invited): 2 Aug (12-5pm)

Bring to Practice:

- Googles
 - Mirrored ones are a good choice for we swim in an outdoor pool, but not required
 - Can purchase at: Amazon, Dragon Sports (old YMCA, the "Bernie" Pool), Academy Sports, BX, etc
- Swim cap
 - Even if hair is short, it helps keep the googles on and swimmers feel and go faster
 - Swimmers will receive 1 Team Swim Cap
 - Can purchase at: Amazon, Dragon Sports (old YMCA, the Bernie Pool), Academy Sports, BX, etc
- Towel
- Kickboard & Pull Buoy (pool has these for team to use, but you may bring your own, if desired...will have to be approved by the Coach)
- PLASTIC water bottle (NO GLASS on deck), if desired

Misc:

- Team Shirts will be ordered at the end of Week 1 (Cost: \$18-20/shirt)
 - Various designs available to view at tryouts in May & Jun

- See the pool tables for signups during practice or email order to <u>EglinEelsSwim@gmail.com</u>
- We will use email/GroupMe/Heja type app to keep the team parents informed (information will initially come via email)